



# BOWRAL PUBLIC SCHOOL

*Striving, Thinking, Learning*



## Newsletter

Wednesday 24 June 2009  
Term 2 Week 9

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### Jellore Self Help Day

Congratulations Jellore House students for the wonderful team effort at last Friday's Self Help Day. It was my inaugural Self Help Day and I was impressed with the variety of stalls, the inventiveness of the students and the general feeling of happiness and good will. As a learning experience, students were involved with planning, preparation and money handling. Some of the advertisements for stalls were very impressive as was the cooperation and friendship shown during the day. Well done Jellore students and thank you to all the parents and families for your support of this termly event!

### Liquid amber

The liquid amber tree which is closest to the administration building is causing significant damage to the school building. An arborist's report indicates that root pruning may not be an option to the removal of the tree as previous lopping and some decay has already reduced its' life span. I have taken the decision to have the tree removed as soon as possible. A more suitable replacement will then be investigated.

### Multicultural Speaking Competition

Unfortunately due to changes of staff and a breakdown in communication, not all of our Stage 2 students were ready to participate in the local final to be held at Moss Vale high on Tuesday of this week. This has been a unique set of circumstances which I am certain will not occur again.

### Mimosa Concert

I am looking forward to attending the Sydney Opera House this Friday evening to hear our wonderful recorder group perform. This is a prestigious event in which to participate and our students need to be congratulated for all the hard work they have put into this upcoming performance.

### Swine Flu

As you are probably aware the Health Department has changed the status of Swine Flu and as of last week the rules relating to exemption of students from school have changed. Please read the attached information for the latest advice.

### Parent Questionnaire

The University of Western Sydney have asked us as a school to participate in a study that they are currently undertaking to find out parents' perceptions with regards to ADHD. If you are interested in participating in the study, more information is provided on the attached information sheet.

### School Security

From time to time, parents and/or caregivers are involved in family disputes. We thank the police for their visible presence and the wonderful job that they do in keeping all

members of the community safe. Our 2 back gates will be kept locked this week as an added safety precaution. Thank you for your cooperation with this sensitive matter.

**Wendy Buckley**  
*Principal*

### School Photos—Delivery

Last week we received notification from Advancedlife Photography that our student photos would not be available until early Term 3. An extract from their letter follows.

Earlier this year we invested in new equipment and operating systems from Fuji Xerox and installed the latest printing presses to be able to produce a technologically advanced product that was kinder to the environment. We had of course anticipated some teething problems and endeavoured to carry out the change over at a time that would not disrupt our customers. The installation, formatting and testing of the new printing presses was made successfully but our supplier (Fuji Xerox) did experience some unexpected technical difficulties which unfortunately stopped printing for certain periods causing significant delivery delays. We are now running at full speed with a huge increase in our production capacity and are working double shifts to process and deliver the backlog. We would normally of course have delivered your job before the end of Second Term but unfortunately the unexpected stoppage will delay your delivery until early Third Term. I would like to offer my sincere apologies. As we work towards catching the backlog and getting deliveries back to the timeframe expected by our clients. We will do everything in our power to deliver your completed photographs at the earliest chance.

**Linda Baron, Advancedlife Photography**

We will distribute the student photographs as soon as we receive them and apologise for the delay

**Linda Rice**

### Canteen News

A big THANK YOU to all who catered, sold and operated the sausage sizzle today.

### REMINDER DIARY DATES

- **Friday 26 June** ♦ Mimosa Recorder Concert—Stage 3
- **Wednesday 1 July** ♦ School Athletics Carnival Back up day
- **Wednesday 8 July** ♦ Fun Run, K - Year 1
- **Friday 10 July** ♦ Last Day of Term 2
- **Tuesday 28 July** ♦ Term 3 Students return
- **Term 2** ♦ Canteen Open Wednesdays, Thursdays & Fridays

## REGIONAL CROSS COUNTRY

A fortnight ago, on a fine sunny Friday, twelve students from Bowral Public School ran against the South Coast Region's finest at Cambewarra (near Nowra) in the New South Wales Regional Cross County Championships. The course itself was very challenging and all of our students accredited themselves well against tough opposition. The Bowral squad was as follows:

	Girls	Boys
<b>8-9 Years</b>	Sasha (30th) Kiara (33rd)	Louis (47th) Toby (48th)
<b>10 Years</b>	Ella (23rd)	Emil (20th) Nicholas (18th) Charlie (56th)
<b>11 Years</b>	Charlotte (74th)	Andrew (29th)
<b>12-13 Years</b>	Courtney (43rd)	Caleb (39th)

Well done to all the athletes.

**Jack Tonkin**

## DEPARTMENT OF EDUCATION AND TRAINING

### Human Swine Flu Information Sheet

Australia is entering a new phase in our response to human swine flu, known as PROTECT.

The change in approach is because the virus strain is currently not as virulent as anticipated.

Generally the virus produces a mild disease in most people, a severe disease in some, and a moderate effect overall.

This year it is likely many more people will come down with flu - like - illnesses than in recent winter flu seasons because fewer people will have immunity to the human swine flu virus.

The aims of the **PROTECT** phase are to ensure that people at an increased risk of complications from influenza are treated early to try to prevent severe illness from developing, and to help control outbreaks in schools and other institutions.

On the advice of NSW Health we no longer need to exclude staff or students who have been to an area where there is known community or school transmission of human swine flu.

**Any staff member or student who has been excluded from school and who does not have flu symptoms can return to school immediately.**

The school exclusion policy was inconvenient but it helped to limit the spread of disease in NSW schools.

As the number of cases of swine flu increases in the community, school exclusions and closures are unlikely to help in limiting the spread of disease as many more children will catch swine flu outside school rather than in school.

The NSW Department of Health thanks the parents and carers of NSW school students for their cooperation with these measures while they were in place.

We still need to take steps to minimise the transmission of the virus in the community as some people in our school community remain at increased risk of complications from influenza.

Instead of excluding people who may have been to an affected area, or who have been in contact with a person with confirmed human swine influenza, we will now be asking any person with flu symptoms to stay at home until they are well.

Any student who identifies that they are unwell, or is displaying flu - like symptoms will be sent to a sick - bay area and their parent or carer will be called to take them home.

Please watch carefully for any signs or symptoms of flu - like illness in your child. These symptoms include fever, cough, tiredness, muscle aches, sore throat, chills or shortness of breath. NSW Health has advised if you or your child develops flu - like symptoms you should seek the advice of your family doctor as you would with any other illness.

Parents have an important role to play in helping their children understand and follow the government hygiene advice. Your help to do this is appreciated.

We understand there may be some ongoing concern in school communities. However, we can reassure you that we have taken, and will continue to act on advice we receive from NSW Health to ensure the health, safety and wellbeing of our staff and students.

You can get additional health information from the H1N1 Influenza 09 section of the NSW Health website at: <http://www.emergency.health.nsw.gov.au/swineflu/index.asp>.

## Education Tax Refund—Don't forget to claim

### How do I claim the Education Tax Refund?

- In your tax return.
- If you don't lodge a tax return, claim on a separate form or over the phone.
- If you use a tax agent, make sure you ask them to claim for you.

The Education Tax Refund lets you claim up to 50% of eligible education expenses for school children. If you are eligible, you can get back up to \$375 for each primary student and up to \$750 for each secondary student. You can claim things like text books, stationery and even internet costs.

If you receive Family Tax Benefit Part A for a child at primary or secondary school, you will be eligible. Some other people are eligible too, to find out more about this and other information such as what you can and can't claim go to [australia.gov.au/educationtaxrefund](http://australia.gov.au/educationtaxrefund) or call the Tax Office on 13 28 61.

Remember, you need to keep all receipts for expenses you claim.

## From the Uniform Shop . . .

\* The **sports shorts** are selling well. Thank you to everyone sending in exact money and including classes. It made it easy to fill all those orders. Due to the typo everyone was charged \$15 but the price will actually be **\$18** – consider it an opening week special!

\* **Long-sleeved polo shirts are finally in!**

\* By now you may have been 'harassed' with a **Uniform Survey!** If you have older children you may be feeling like you have done this many times before. However as the 5year moratorium on uniform change has now lapsed, we think it is important to see how people are feeling and if there are any areas we need to look at. Your input will be greatly appreciated. The more of you who do it and the more you feedback, the more useful the information will be. So look out for Mums with clipboards and please take a few minutes to answer their questions!

\* A reminder that the **Uniform Shop is open Wednesday and Friday mornings 9-10am** or you can avoid the queue and down-load an order form from the school website. There have been some price adjustments so please make sure you print off the most recent copy (some computers are "holding on" to the old form and you may need to "refresh" a few times). New prices will be charge as of week 10. No more leniency will be shown!

\* **Lost property will be cleared this week.**

**See you in the Uniform Shop!**

**The Uniform Shop Committee**

## COMMUNITY NEWS

### TAFE - Moss Vale Campus

Semester 2, 2009 - Statement of Attainment course in Skills for Work and Training for Women.  
An information session will be held at Moss Vale Campus of TAFE at 12:30pm on Thursday 2 July 2009  
Enquires contact Fran Beck on 4823 1913 or Ann Chandler on 4868 0133

**AUSTRALIAN INTERNATIONAL PERFORMING ARTS HIGH SCHOOL**  
OPEN DAY - SATURDAY 27 JUNE 2009  
from 10am—2pm at Australian International Performing Arts High School,  
Harris Park. Enquires 02 9637 0777

**WINTERFEST 09 - Ice Skating fun for everyone!**  
**School holiday activity**  
from 6 July to 26 July  
Information M: 0423 684 132 or email [info@highlandgrace.org.au](mailto:info@highlandgrace.org.au)

**FOOTBALL (SOCCER) CLINICS**  
July School Holidays. Boys & girls aged from 5—12 years  
Information ph George 4422 0300  
Email: [www.southernswfootball.com.au](http://www.southernswfootball.com.au)

**WORKSHOP—SUPPORTING STUDENTS WITH AUTISM SPECTRUM DISORDERS**  
Information contact Heroch Events at [herochevents@bigpond.com](mailto:herochevents@bigpond.com)  
or ph 43322589

**JULY SCHOOL HOLIDAYS ACTIVITIES**  
Contact your local library.

**BLUE LIGHT DISCO - Mittagong RSL Saturday 27 June**  
Junior 4pm—6 pm Senior 7:30pm—10:30pm

**CRICKET WINTER SKILLS AND FITNESS PROGRAM**  
Sunday's August, September. Registration is essential before 24 July 09  
[www.bradman.com.au/get-involved\\_coaching-camps](http://www.bradman.com.au/get-involved_coaching-camps)  
or Museum between 10am and 5pm daily and complete registration form.

**SCHOOL HOLIDAYS Kids programs at Mt Penang Gardens**  
Enquires Roland on 4340 1002  
Email: [fdc@lands.nsw.gov.au](mailto:fdc@lands.nsw.gov.au)

*Information included in "Community Announcements" does not have official endorsement of NSWDET and may not be school activities. The announcements are a service to the community and should not be interpreted as a recommendation by the school. The school accepts no responsibility for information published in this newsletter as "Community Announcements".*

Dear Parent / Guardian,

**Parents' Perceptions and Experiences of Attention-Deficit Hyperactivity Disorder (ADHD)**

We seek your consideration of participating in a research project funded by the Australian Research Council and conducted by researchers from the University of Western Sydney. The purpose of this study is to find out what **parents/guardians with a child who has been diagnosed with ADHD or displays what parents consider to be ADHD-type behaviours** (e.g., inattention, hyperactivity) think about the nature, causes, and management of ADHD in relation to their child and what factors may influence a parent's later acceptance or rejection of the ADHD diagnosis for their child.

If you have a child who has been diagnosed with ADHD or who regularly displays what are typically considered to be ADHD-type behaviours we would appreciate your consideration of participating. It is not necessary that your child has been officially diagnosed by a professional, but rather, that your child regularly displays those behaviours typically associated with ADHD.

Participation involves completing a 15 to 20 minute survey. The survey can be completed by logging onto:

**<http://www.adhdsurvey.com.au/>**

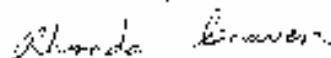
**Alternatively we can post you a copy of the questionnaire and a reply paid envelope** (contact Anthony Dillon, 02 9772 6202; Email: [a.dillon@uws.edu.au](mailto:a.dillon@uws.edu.au)). A small number of parents will also be invited to participate in a 15 minute telephone interview. On the survey we will ask you whether or not you would like to volunteer to participate in a telephone interview.

This research project has been approved by the State Education Research Approval Process (SERAP No. 2008718) and is being conducted by Anthony Dillon who is a PhD student from the University of Western Sydney supervised by Professor Rhonda Craven. Any questions relating to this research should be directed to Professor Rhonda Craven. Telephone: 02 9772 6557; Email: [r.craven@uws.edu.au](mailto:r.craven@uws.edu.au) ; or Anthony Dillon, 02 9772 6202; Email: [a.dillon@uws.edu.au](mailto:a.dillon@uws.edu.au) .

Your assistance in this study is voluntary. There will be no adverse consequences should you choose not to assist. You may also withdraw your involvement in the study at any time. Information provided in this study by individuals will not be given to others. Any results that are reported in research reports will be reported in group form, without identifying individuals or the school. The data will be kept in a locked file, accessible only to the researchers in this study, although the unidentified data may be further analysed by other university researchers. The results of the study will be reported back to your school and made available to you on the Centre for Educational Research website in August 2010 ([http://www.uws.edu.au/centre\\_for\\_educational\\_research/ceer/](http://www.uws.edu.au/centre_for_educational_research/ceer/)).

We do hope you are interested in assisting us with this important project.

Yours sincerely,



Professor Rhonda Craven

**NOTE:** This study has been approved by the University of Western Sydney Human Research Ethics Committee (Approval no. HREC H6608). If you have any complaints or reservations about the ethical conduct of this research, you may contact the Ethics Committee through the Research Ethics Offices (tel: 02 47 360 883). Any issues you raise will be treated in confidence and investigated fully, and you will be informed of the outcome.