

BPS CANTEEN PRICE LIST TERM 1 2009

The Canteen is only open Wednesday, Thursday & Friday for Term 1

Weekly Meal Deals

Wednesday \$5.00

- Chicken Fillet Burger
- Frozen Fruit Cup
- Can of OKF fruit Drink (fizzy)

Thursday \$4.00

- Pizza (Supreme or Ham & Pineapple)
- Garlic Bread
- Can of OKF Fruit Drink (fizzy)
- Fruit surprise

Friday \$5.00

- Lasagne or Pasta Twirls
- Frozen Fruit Cup
- Can of OKF Fruit Drink (fizzy)

Wholemeal Sandwiches (white on request, rolls extra 20c)

| | |
|---|--------|
| Vegemite | \$1.40 |
| Banana | \$1.70 |
| Tomato | \$1.50 |
| Cheese | \$1.50 |
| Cheese & Tomato | \$2.20 |
| Egg, Lettuce & Mayo | \$2.40 |
| Tuna & Mayo | \$2.50 |
| Ham or Chicken | \$2.50 |
| Ham/Chicken, Cheese & Tomato | \$3.30 |
| Ham/Chicken & Salad | \$3.50 |
| Salad (lettuce, tomato, cucumber, beetroot and grated carrot) | \$3.00 |
| Extra Salad Filling | \$0.30 |
| Extra Ham/Chicken or Egg | \$0.70 |

Wraps

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|-----------------------------------|--------|
| Salad (lettuce, tomato, cucumber) | |
| Cheese and grated carrot) | \$3.00 |
| Salad & Ham/Chicken | \$3.50 |

Summer Salad Box

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|---|--------|
| Lettuce, tomato, cucumber, carrot, low-fat cheese, pineapple, sprouts | |
| beetroot | \$3.00 |
| Salad & Egg | \$3.30 |
| Salad & Ham/Chicken | \$3.50 |

NB Lunch Bags \$0.10

Lunch - Hot Food Availability

Wednesday, Thursday & Friday

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|------------------------------------|--------|
| Pie * | \$3.00 |
| Sausage Roll (small)* | \$2.00 |
| Sausage Roll (large)* | \$2.50 |
| Lasagne (beef) | \$3.00 |
| Pasta Twirls | \$3.00 |
| Chicken Nuggets (each) | \$0.50 |
| Chicken Fillet | |
| • Roll, Lettuce & Mayo | \$3.00 |
| • Sandwich Lettuce & Mayo | \$2.80 |
| • In a Bag | \$1.70 |
| Pizza (Supreme or Ham & Pineapple) | \$2.00 |
| Pizza Rounda | \$2.00 |
| Hot Cheese Roll | \$1.80 |
| ½ Hot Cheese Roll | \$0.90 |
| Hot Ham & Cheese Roll | \$2.50 |
| Corn on the Cob | \$0.80 |
| Sauce | \$0.20 |

***Reduced fat product**

Lunchtime Frozen Treats

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|---|--------|
| Streets Paddle Pops | \$1.20 |
| Mini Fruits | \$0.50 |
| Peters Miniz | \$0.60 |
| Frozen fruit strips | \$0.40 |
| Juicers | \$0.50 |
| *Frozen Yoghurt (Strawberry, Mango Passionfruit) | \$1.30 |
| *Frozen fruit cup (Apple, Orange, Apple & Blackcurrant) | \$0.60 |

***Available in lunch orders and at lunchtime**

Drinks

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|------------------------------------|--------|
| Flavoured Milk 300ml | \$1.50 |
| Plain Milk | \$1.20 |
| Water 375ml | \$1.10 |
| Water 600ml | \$1.60 |
| 100% Juice Bottles Apple Or Orange | \$1.50 |
| Fruit Juice Popper | \$1.20 |

Every day Recess Snacks

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|---|--------|
| Hot Cheese Roll | \$1.80 |
| Half Hot Cheese Roll | \$0.90 |
| Apple Slinkies | \$1.00 |
| Fresh Watermelon Slices | \$0.30 |
| Bunch of Grapes (frozen) | \$0.50 |
| Cherry Tomato, Carrot or Celery Sticks | \$0.10 |
| Jumpys (Chicken or Salt & Vinegar only) | \$0.70 |
| Red Rock Deli chips | \$1.00 |
| Popcorn | \$0.50 |
| Pretzels | \$0.80 |
| Ovalteenies | \$0.80 |
| 100% Fruit Straps | \$0.50 |
| Pizza Rounda | \$2.00 |

